Fast Track to Fluency Lesson Checklist - Basic

Lesson Level: ___________________________Season: ____ Lesson Number: ____

1. **Listen** ***Date Performed:*** ______/______/____________
   - ☐ Read the lesson introduction to understand the lesson's objective and theme.
   - ☐ Listen to the lesson.
   - ☐ % of audio lesson understood on 1st listen: ______%

Notes:____
____
____

2. **Read** ***Date Performed:*** ______/______/____________
   - ☐ Read the Lesson Notes. This reinforces what you hear by reading the transcript, translation, grammar points and vocabulary.
   - ☐ % of lesson notes understood: ______%

Notes:____
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____

3. **Practice** ***Date Performed:*** ______/______/____________
   - ☐ Review any repeatedly missed vocabulary or grammar principles.
   - ☐ Listen to the lesson again. Take any notes of words needing extra practice.
   - ☐ Comment on lesson using what you learned.

Notes:____
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Awesome job! **Be sure to save this to keep track of your progress.**

Check your progress: *Rate the difficulty of this lesson (10 being the hardest):* ***/10***

☆Favorite word / phrase from *last* lesson: ____

☆Favorite word / phrase from *this* lesson: ____

Next lesson to master...

Lesson Level: ___________ Season:__ Lesson Number: ___of ___ Start Date: __/__/_____